

# International Travel Checklist

## Your Essential Guide for a Safe and Hassle-Free Journey

### Get Required Documents

- ☐ Check passport expiration date (valid for at least 6 months).
- ☐ Apply for a visa if required for your destination.
- ☐ Make copies of your passport and travel documents.
- ☐ Take a photo of your documents and store them securely on your phone.
- ☐ Get notarized consent for minors traveling alone or with one parent.
- ☐ Obtain an International Driving Permit (if planning to drive abroad).

### Health & Insurance

- ☐ Check if your health insurance covers international travel.
- ☐ Purchase travel insurance (medical, emergency, trip cancellation).
- ☐ Ensure vaccinations and medical precautions for your destination.
- ☐ Confirm prescriptions comply with your destination's regulations.
- ☐ Pack enough prescription medications for the trip duration.

### Money & Finances

- ☐ Notify your bank and credit card company of your travel plans.
- ☐ Check exchange rates and ATM withdrawal fees.
- ☐ Carry a mix of cash, credit, and debit cards.
- ☐ Download a currency converter app for real-time exchange rates.

### Safety & Security

- ☐ Enroll in the Smart Traveler Enrollment Program (STEP).
- ☐ Check travel advisories and security updates.
- ☐ Locate the nearest U.S. embassy or consulate.
- ☐ Save emergency contacts in your phone and on paper.
- ☐ Use a money belt or anti-theft bag to secure valuables.

### Packing Essentials

- ☐ Bring a universal power adapter for different outlet types.
- ☐ Pack a first-aid kit with necessary medications.
- ☐ Download offline maps and translation apps.
- ☐ Print copies of travel documents and itinerary.

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- ☐ Pack weather-appropriate clothing and comfortable shoes.

## Emergency Preparedness

- ☐ Know the procedure for lost or stolen passports.
- ☐ Understand medical care options at your destination.
- ☐ Have a backup financial plan in case of lost or stolen cards.
- ☐ Check if your mobile carrier offers international plans or buy an eSIM.